NORTH MIDDLESEX YOUTH LACROSSE

Coach Expectations – NMYLA Program

North Middlesex Youth Lacrosse is a **100% volunteer-based** organization. All volunteer coaches are expected to uphold the following standards in support NMYLA, providing a safe, positive, and development-focused lacrosse experience for our players.

Development, Fun, and Inclusion

- Emphasize **skill development, learning, and enjoyment** over wins and losses.
- Teach age-appropriate lacrosse fundamentals consistent with MYL rules and philosophy.
- Promote inclusion and ensure all players are supported and encouraged.
- Provide equitable playing opportunities appropriate to the age and level.

Safety First

- Player safety is the **highest priority**.
- Follow all MYL guidelines and safety policies.
- Require proper equipment and teach safe playing techniques.
- Follow concussion awareness and return-to-play protocols.
- Never place competition above a player's physical or emotional well-being.

Positive Coaching & Sportsmanship

- Create a **positive, respectful, and fun environment** for players and families.
- Use positive reinforcement and constructive instruction.
- **Model good sportsmanship** toward officials, opponents, players, and spectators.
- Help players learn respect for teammates, opponents, officials, and the game.

Communication & Collaboration

- Communicate clearly and respectfully with players, parents, and program leadership.
- Set realistic expectations regarding practices, games, and playing time.
- Address concerns calmly and privately.