



# LEGACY

DEVELOPMENTAL PHILOSOPHY

Discovery Method | Let Them Play | Fear of Failure | Love

# DISCOVERY METHOD: LET THEM PLAY



“Let’s take the approach so many adults bring to youth soccer to other children’s activities. Take a bunch of kids to the playground but don’t let them scamper off to explore the different structures. Make them all line up and wait patiently to take turns on the monkey bars. If one of them wanders off toward the swings, scream at him. Be sure to tell them exactly how to climb. Yell at the slow ones to go faster. While they’re hanging from a bar, shout at them to ‘grab the next bar.’”

**Mike Woitalla, SOCCER AMERICA, “Remember, it's playtime,” January 2006.**

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# DISCOVERY METHOD: FEAR OF FAILURE



## Discovery Method: Fear of Failure

“One of the most common fears players have is the fear of failure. If a coach or a parent yells at a player for missing an easy goal, the child is less likely to shoot next time. If coaches don’t allow players to make mistakes and instead berate them each time they make a mistake, then players will stop taking chances. Once this happens, their development stops, and they are unlikely to become competent, confident, creative players.”

**Tom Fleck and Ron Quinn, The Baffled Parents  
Guide To Great Soccer Drills (2002)**

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SPRING

2019

# A PLAYER'S PERSPECTIVE



**It is our jobs as parents and coaches to teach the children what sports are.**

**We define what success is and how we enjoy the sport**

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2



**DISCLAIMER: SUCCESS IS NOT DEFINED BY ANYONE ELSE'S ACCOMPLISHMENTS**

**WITHIN LEGACY'S YOUTH PROGRAMS, OUR PRIMARY AIM IS TO FOSTER A RELATIONSHIP BETWEEN THE SPORT AND THE PLAYER**

**A FUN, CHALLENGING, SUPPORTIVE ENVIRONMENT SHOULD DEVELOP A LOVE FOR THE GAME THAT WILL HARBOR A DESIRE TO BUILD TOWARD THEIR OWN GOALS**

**WE ARE GRADED BY ONE WORD...**

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LOVE

LEGACY  
GOLF CLUB  
adidas

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SPRING

# 2 DEVELOPMENT: A FAILURE STORY



**There is no cookie cutter developmental timeline or path that will serve each child equally, every child learns and interacts differently.**

**As parents and coaches, the most important thing we can do is build their understanding of what each experience means for the next time they face it.**

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# 5 2019 DISCOVERY COACHING METHOD



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# 7 RULES TO REMEMBER



1. Avoid “HELICOPTERING”
2. TRUST the coaching staff (not your instincts)
3. ASK QUESTIONS!
4. Encourage / Praise
5. No Joy-sticking
6. BE PATIENT (and allow your kids to develop)
7. PLAY SOCCER with your kids at home and watch soccer games with them (club, high school, college, professional)

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# THE PLAYER'S **BILL** OF RIGHTS

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**THE RIGHT** TO PLAY AS A CHILD, NOT AS AN ADULT

**THE RIGHT** OF EACH CHILD TO SHARE IN THE LEADERSHIP AND DECISION MAKING OF THEIR SOCCER PARTICIPATION

**THE RIGHT** TO PROPER PREPARATION FOR PARTICIPATION IN SOCCER.

**THE RIGHT** TO EQUAL OPPORTUNITY TO STRIVE FOR SUCCESS.

**THE RIGHT** OF THE OPPORTUNITY TO PARTICIPATE IN SOCCER REGARDLESS OF ABILITY LEVEL

**THE RIGHT** TO PARTICIPATE AT A LEVEL THAT IS COMMENSURATE WITH EACH PLAYER'S DEVELOPMENTAL LEVEL.

**THE RIGHT** TO HAVE QUALIFIED COACHES.

**THE RIGHT** TO HAVE FUN THROUGH SOCCER

**THE RIGHT** TO PARTICIPATE IN SAFE AND HEALTHY ENVIRONMENTS.

**THE RIGHT** TO BE TREATED WITH DIGNITY BY ALL INVOLVED

SPRING  
**COACHING EDUCATION**



**Virginia Legacy reimburses  
for all coaching licensing**

**The grass roots online  
course is \$25 and will take  
about 2 hours to complete.**

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SPRING  
2024

# VIRGINIA LEGACY ACCOMPLISHMENTS



**High School Honors | Last year over 175  
(Conf. Reg. State Nat.)**

**Collegiate Commitments | Over 350 in last  
20 years – Last year 25+**

**Professional Accomplishments | Over 20+  
paid overseas and domestic at different  
levels**

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