

Westside Soccer Club

Micro (K/1st)

Game Guide for Coaches and Parents

Fall Season

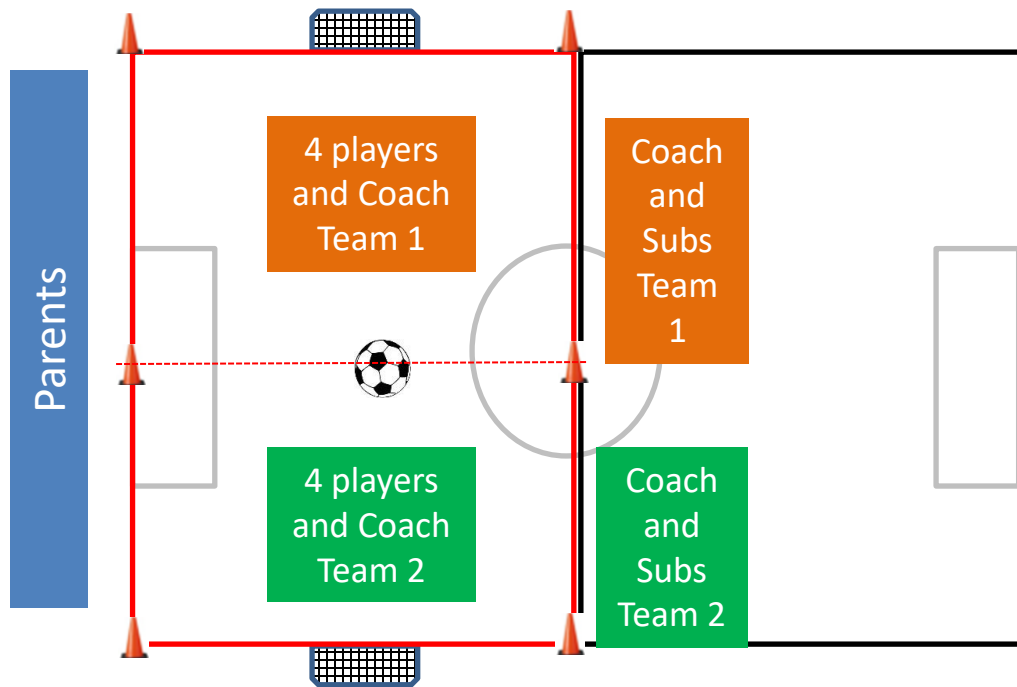
- All games are at Fir Grove Elementary
- All games are Saturday afternoons starting between 130pm and 430pm



Micro (K/1st) Field Setup

- Field size is ~25x18 yds (half of a U8 field sideways)
- Pugg Pop-up goals at each end
- Cones identifying corners and center line
- Parents should remain on the opposite of the players
- Coach can be on the defensive side of field helping guide the players and acting as referee – minimize interference

Below is a full U8 field with one micro field set up:



1st Grade: 1st Grade Teams can play entire U8 Field

- Field size is ~50x35 yds

K/1st Game Rules

Game Format

- (2) 20 minute halves with a quarter break at 10 min into each half (5 minute half time 1 minute quarter break)
- 4v4 with no goalkeepers
- Coaches are the referees
- Size 3 Ball

Game Rules

- Kickoffs start each half and after every goal (team scored on kicks off after goals)
- Out of bounds on the sideline players will use throw-ins to put ball back in play
- Goal kicks (place in front of Pugg ~6' – middle is okay) are awarded to the defensive team when the attacking team kicks the ball over the goal line.
- “Build out line” - defensive team must retreat behind mid-field for goal kicks and can't attack the ball until the second player touches the ball (goal kick is first player) or it goes past mid-field.
- Corner kicks (1st Grade only) are awarded to the offensive team when the ball is kicked over the attacking goal line by the defense
- All free kicks (although rare) are indirect – kicker must pass the ball
- No goalkeepers – discourage players from standing in front of the goal
- Substitutions on any stoppage (out of bounds, kickoffs)
- No Blow Outs allowed – make adjustments as needed (add player, balance teams on the field, encourage prolific scorers to play defense or pass, etc)
- Coaches are allowed on their defensive side of the field to help guide the team

Coach and Parent Conduct

- Coaches should encourage both teams, not just their own
- Parents should cheer without directing children on the field
- Parents and Coaches lead by example with sportsmanship
- Coaches are responsible for the parents' behavior and are expected to take steps when a parent/spectator is acting unsportsmanlike
- Concerns with opposing parents should be handled via the opposing coach (through your coach) and not directly with the opposing parents
- Parents with concerns with an opposing coach should notify their coach to handle
- Most important is that game time is for the kids – let them play, make mistakes, learn, make friends and fall in love with the game of soccer!