

2026 Mass Youth Lacrosse Select All-Star Games

GIRLS Nomination Procedures and Event Policies

Date: Sunday, August 9, 2026

Location: Veterans Memorial Stadium; Quincy, MA



Game Times:	5th Grade Girls:	10:00 AM
	6th Grade Girls Game 1:	11:30 AM
	6th Grade Girls Game 2:	1:00 PM
	7th Grade Girls:	2:30 PM
	8th Grade Girls Game 1:	4:00 PM
	8th Grade Girls Game 2:	5:30 PM

Event Description

Mass Youth Lacrosse Select teams will nominate players to participate in the All-Star Games. Players will be divided into balanced teams to compete in the games.

The games will have two 25-minute running time halves played under MYL Select rules.

- The All-Star games will take place at Veterans Memorial Stadium in Quincy, former home of the Boston Cannons.
- Players should plan to arrive 60 minutes ahead of their scheduled game to register, meet their coaches & teammates, and warm up.
- All players will receive an MYL Select All-Star game jersey top to wear in the game and keep as a memento.

Girls Player Nominations

Deadline for Player Nominations:

Nominations must be submitted by **SUNDAY, JUNE 7**. We are producing some special graphics for the video board and website so this will be a strict deadline.

Thank you for your cooperation.

- **Head coaches will submit their player nominations by [CLICKING HERE](#).**

Important: Because of the growth of our MYL Select League, please adhere to the nomination process below. We cannot accommodate any alternate nominations. Therefore, please follow and be respectful of these specific guidelines.

- All MYL Girls Select League teams in good standing may nominate THREE players to participate.
 - TWO upper-grade players AND ONE lower-grade player:
 - L7/8 teams may nominate TWO 8th graders and ONE 7th grader

- L5/6 teams may nominate TWO 6th graders and ONE 5th grader
- **Head coaches will submit their player nominations by [CLICKING HERE](#).**
- Head coaches are responsible for collecting the following information **BEFORE** making their nomination:
 - Player's availability to participate on Sunday, August 9. Once submitted, you can NOT change the player
 - Player's uniform size (YS, YM, YL, YXL, AS, AM, AL, AXL)
 - Player's contact information (parent's name, email and phone)
 - Player's primary and secondary position
 - Player's headshot for use on the video board during the game. Headshots must be submitted by July 1.
- Please ensure that **only one person submits nominations for each team**. We've experienced duplicate submissions (same teams, different names) in the past which has caused great confusion and delays.

Important reminders about the selection process

1. Teams only get to nominate a maximum of three players from each team (only the Champ Teams will get additional nominations).
2. If a coach nominates additional players or the town submits multiple nominations, they are responsible for deciding who plays and informing the parents of the players not participating.
3. If a player is nominated and cannot play (whether because of unavailability or injury), substitutions will not be accepted.

Recommended Nomination Processes and Considerations

Besides their availability to play on August 9th, please consider the following factors when making your All-Star selections:

- Does the player honor the game, the rules, and her commitment to her team?
- Does the player show discipline regarding sportsmanship and respect?
- Is the player a team leader vocally and/or by example?
- Does the player have advanced skills to compete at an All-Star level?

Deadline for Player Nominations:

Nominations must be submitted by **SUNDAY, JUNE 7**.

Thank you for your cooperation.

Communication with Select All-Stars

Once all player nominations are submitted, there will be e-mails issued to both players' families and coaches with updated event information and game day logistics.

Most commonly asked questions (and answers) ***Please read...very important***

Q: My select team is made up primarily of players from the upper grade level, can I use all 3 nominations on upper grade level players?

A: No, even if there is not lower grade level option, we still must limit it to two upper grade level players per team. You would unfortunately have to pass on your lower grade level grade selection.

Q: My L7/8 team has a few 6th graders on it. I'd like to nominate one. Would she play in the 6th grade game?

A: Unfortunately, not. You can nominate a 6th grader. It would have to be your 7th grade pick and she must play in the 7th grade game. In this instance, you would need to nominate two 8th graders and one 6th grader representing the 7th grade level and game. Please tell us in advance if you are considering this.

Q: Can I nominate my goalie?

A: Yes. Absolutely. Our hope is to have 4 goalies in each game. Some years we have too many - and so we hope to give them time in the net along with time at another position.

Q: My team is very good. We were undefeated and (or) won the championship. Shouldn't I get more picks than all the middle-of-the-pack teams?

A: No. To provide all teams to have representation and to have team numbers to allow for adequate playing time for all players, all teams are limited to the same number of submissions.

Q: I accidentally nominated three 8th graders. I already told all families they could play.

A: We have made every effort to make the selection rules very clear. It is with regret that we cannot allow two 8th graders from one team (or two players from any grade, except where noted on page 1). It will be up to the coach (not the league) to explain to one of those players and families that he/she made an improper selection as only one player can play in the game.

Q: My nominee told me she was available. The games are a few weeks away, but I just heard from the family that they are going on vacation that week. Can I nominate someone else in her place?

A: Unfortunately, no. In the past, we've been bitten by too many logistical headaches to allow for substitutions and added players. In addition, programs will be printed in advance with player information. If a player cannot make it, or is injured, they will not be replaced. Injured nominees will be welcome to receive their jersey and be with the team (if their condition allows it) and their name will still appear in the program

Q: How will the teams be split?

A: After we have all player nominations, we will look to make sure there are equal number of position players on each squad. Regarding who is on which team - it will be somewhat random, but with an effort to have an equal number of Champ Bracket players and Best of the Rest Playoff players as well. We also make an effort to keep players from the same town together and players whose coach is coaching on the same team.

Q: Will the teams be practicing in advance?

A: No, only on the day of their game. We will ask all players to arrive 60 minutes prior to their game for registration and a 60-minute assembly/warm-up with their coaches and teammates. Prior to August 5th, there is no commitment from the players.

Q: Does it cost anything to participate?

A: There are no costs to the players. And it is free admission for our families, friends, and fans.

Q: After I nominate my players, I wish to stay involved. What options are there for me?

A: We fully encourage (and expect) coaches and town directors to stay involved, support their athletes by coming to the games, and staying up to date with the details and assist the league in sharing those detail with the families.

We are always looking for game-day volunteers to help with registration and set-up. Please let us know if you would like to volunteer your help on gameday

If you have any other questions, please e-mail Erin Brogan at <mailto:erin.brogan@massyouthlax.org>

Thank you in advance for your cooperation and support.

Mass Youth Lacrosse Board of Directors