

2026 Mass Youth Lacrosse Select All-Star Games

BOYS Nomination Procedures and Event Policies

Date: Saturday, August 8, 2026

Location: Veterans Memorial Stadium; Quincy, MA



Game Times:	5th Grade Boys:	9:30 AM
	6th Grade Boys 1:	11:10 AM
	6th Grade Boys 2:	12:50 PM
	7th Grade Boys:	2:30 PM
	8th Grade Boys 1:	4:10 PM
	8th Grade Boys 2:	5:50 PM

Event Description

Mass Youth Lacrosse Select teams will nominate players to participate in the All-Star Games. Players will be divided into two balanced teams to compete in the games.

The games will have four 15-minute running time quarters played under MYL Select rules.

- The All-Star games will take place at Veterans Memorial Stadium in Quincy, former home of the Boston Cannons.
- Players should plan to arrive 60 minutes ahead of their scheduled game to register, meet their coaches & teammates, and warm up.
- All players will receive an MYL Select All-Star game jersey top to wear in the game and keep as a memento.

- **Deadline for Player Nominations:**

- Nominations must be submitted by **Sunday, June 7**. We are ordering jerseys and producing some special graphics for the video board and website so this will be a strict deadline.
- Thank you for your cooperation.

Boys Player Nominations – [CLICK HERE](#) after reading below

Important: Because of the growth of our MYL Select League, please adhere to the nomination process below. We cannot accommodate any alternate nominations. Therefore, please follow and be respectful of these specific guidelines.

- Every MYL Select team in good standings may nominate THREE players to participate.
 - TWO upper-grade players AND ONE lower-grade player:
 - L7/8 teams may nominate TWO 8th graders and ONE 7th grader
 - L5/6 teams may nominate TWO 6th graders and ONE 5th grader

- **Player Nominations (continued)**

- If your town has two teams at the same level, it may nominate four players at the higher grade and two at the lower grade. (Example: two L7/8 teams: four 8th graders and two 7th graders may be nominated, but not required).
- **Head coaches will be required to submit their player nominations through a Google form – [CLICK HERE](#).**
- Head coaches are responsible for collecting the following information **BEFORE** making their nomination:
 - Player's availability to participate on Saturday, August 9
 - Player's uniform size (YS, YM, YL, AS, AM, AL, AXL, AXXL)
 - Player's contact information (parent's name, email and phone)
 - Player's primary and secondary position
 - Player's Headshot. Picture from the shoulders up is best. Picture to be uploaded in the Google Form submission.
- Please ensure that **only one person submits nominations for each team**. We've experienced duplicate submissions (same teams, different names) in the past which has caused great confusion and delays.

Important reminders about the selection process

1. Teams only get to nominate a maximum of three players from each team.
2. If a player is nominated and cannot play (whether because of unavailability or injury), substitutions will not be accepted.

Recommended Nomination Processes and Considerations

Besides their availability to play on August 9th, please consider the following factors when making your All-Star selections:

- Does the player honor the game, the rules, and his commitment to his team?
- Does the player show discipline regarding sportsmanship and respect?
- Is the player a team leader vocally and/or by example?
- Does the player have advanced skills to compete at an All-Star level?

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Communication with Select All-Stars

Once all player nominations are submitted, there will be e-mails issued to both players' families and coaches with updated event information and game day logistics.

Most commonly asked questions (and answers) ***Please read...very important***

Q: I have only one L5/6 Select team in my town but have almost all 6th graders on that team. I'm supposed to nominate two 6th grader and one 5th grader, but that's not an option for me. Can I nominate three 6th graders?

A: No, even if there is not a 5th grade option, we still must limit it to two 6th graders only. You would unfortunately have to pass on your 5th grade selection.

Q: My L7/8 team has a few 6th graders on it. I'd like to nominate one. Would he play in the 6th grade game?

A: Unfortunately, not. You can nominate a 6th grader. It would have to be your 7th grade pick and he must play in the 7th grade game. In this instance, you would need to nominate two 8th graders and one 6th grader representing the 7th grade level and game. Please tell us in advance if you are considering this.

Q: Can I nominate my goalie?

A: Yes. Absolutely. We need them. Our hope is to have 4 in each grade. Some years we have too many - and so we hope to give them time in the net along with time at another position. Sometimes we don't have enough. In that case - We will send out a message looking for programs wishing to nominate their goalie to join the team. They will not replace a previous pick. They will simply get a "bonus" pick to help us out.

Q: I accidentally nominated three 8th graders. I already told all families they could play.

A: We have made every effort to make the selection rules very clear. It is with regret that we cannot allow three 8th graders from one team (or additional players from any grade, except where noted on page 1). It will be up to the coach (not the league) to explain to one of those players and families that he/she made an improper selection as only one player can play in the game.

Q: My nominee told me he was available. The games are a few weeks away, but I just heard from the family that they are going to be on vacation that week. Can I nominate someone else in his place?

A: Unfortunately, no. In the past, we've been bitten by too many logistical headaches to allow for substitutions and added players. In addition, programs will be printed in advance with player information. If a player cannot make it, or is injured, they will not be replaced. Injured nominees will be welcome to receive their jersey and be with the team (if their condition allows it) and their name will still appear in the program

Q: How will the teams be split?

A: After we have all player nominations, we will look to make sure there are equal number of position players on each squad. Regarding who is on which team - it will be somewhat random, but with an effort to have an

equal number of D1, D2, D3 and D4 players as well. We also make an effort to keep players from the same town together and players whose coach is coaching on the same team.

Q: Will the teams be practicing in advance?

A: No, only on the day of their game. We will ask all players to arrive 60 minutes prior to their game for registration and a 60-minute assembly/warm-up with their coaches and teammates. Prior to August 9th, there is no commitment from the players.

Q: Does it cost anything to participate?

A: There are no costs to the players. And it is free admission for our families, friends, and fans.

Q: After I nominate my players, I wish to stay involved. What options are there for me?

A: We fully encourage (and expect) coaches and town directors to stay involved, support their athletes by coming to the games, and staying up to date with the details and assist the league in sharing those detail with the families.

We are always looking for game-day volunteers to help with registration and set-up. Please let us know if you would like to volunteer your help on gameday

If you have any other questions, please e-mail Lars Keil at lars.keil@massyouthlax.org

Thank you in advance for your cooperation and support.

Mass Youth Lacrosse Board of Directors