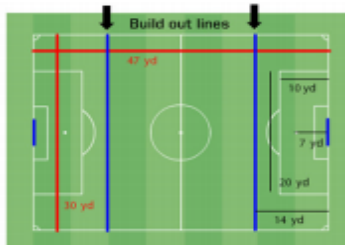


Age Group	U4	U5/U6	U7/U8	U9/U10	U11/U12	U13/U14	U15/U16	U17-U19	Update Date
Ball Size	Size 3	Size 3	Size 3	Size 4	Size 4	Size 5	Size 5	Size 5	2/9/2026
Build-Out Line Enforced	NO			Only U9/U10	NO				
Coaches Allowed on Field	Yes	Only if Asked by the Center Referee because of Player(s) Injury							
Direct/Indirect Free Kicks	Indirect Kicks Only			Direct and Indirect					
Game Duration		10 min quarters	12 min quarters	25 min halves	30 min halves	35 min halves	40 min halves	45 min halves	
Game Roster	NO	Yes, no need to Keep score nor sign			Yes, Complete at end of game, Score, Cautions/Sent Offs and Sign If Sent off, Hold on to Completed Rosters, Complete NTX Misconduct Report and Send ALL to Shawn Lung via (Shawn.Lung@allensports.org) within 48 Hours				
Goal Keepers	NO			Yes					
Goal Keepers Punting	NO				Yes				
Goal Size	4x6	4x6	4x6	6.5x18.5	6.5x18.5	8x24	8x24	8x24	
Headers Allowed	NO					Yes			
Max Roster Size	8	8	8	12	16	18	22	22	
Min. Players to Start	3	3	3	5	7	7	7	7	
Offside Law Enforced	NO			Yes					
Penalty Kicks	NO			Yes					
Players on the Field	4v4	4v4	4v4	7v7	9v9	11v11	11v11	11v11	
Referee Pay	NO	\$20	\$24	\$36/\$24	\$46/\$32	\$64/\$44	\$73/\$50	\$80/\$54	
Referee Crew Size	NO	1 Center		1 Center/2 ARs					
Slide Tackles Permitted	NO			Yes					
Substitutions Allowed	At Free Kicks or Throw ins, Goal Kicks, at Restart after goal and at half-time. All at Ref's Discretion/Permission								
Team Color Conflict	Home Changes								
Team Not Ready to Start	Wait 15 min before Forfeit, Don't Start Game Clock, Play Game in Full once teams are Ready before 15 min Expire								
Throw-In / Kick-in	Kick-In			Throw-In					
Time between halves	5 min	5 min	5 min	5 min	5 min	10 min	10 min	10 min	
Time between quarters	2 min	2 min	2 min	N/A	N/A	N/A	N/A	N/A	

STANDBY Backfill for a missing/unavailable Referee.
If moved to a game, will be paid for that given game
Else, will be paid \$15 for each Standby Time Slot

Build-Out Line Enforced:



The build out line is used to promote playing the ball out of the back in an unpressured setting. When the goalkeeper has the ball, either during play or from a goal kick, the opposing team must move behind the build out line. Once the opposing team is behind the build out line, the goalkeeper can pass, throw or roll the ball to a teammate. Punting or Drop-Kicking the ball is not allowed. The build out line creates the opportunity to play out of the back in an unpressured setting. After the ball is put into play, the opposing team can then cross the build out line and play can resume as normal.