

NYSA PLAYING RULES FOR U6 (3 A SIDE)

A. Field Size: 30 by 20 yards

B: Markings: Wos Markers are to be used to mark out the playing field.
The midfield line will be used for the build-out line.

C. Goals: 4x2.5 Alpha Goals

D. The Ball: Size 3

E. Number of Players:

U6: The maximum number of players on the field at any time is three (3). Team roster size shall be five (5) to six (6) players (if possible).

- **Substitution:** Either team can make substitutions during a kickoff, goal kick, corner kick, throw-in, or injury.
- **Playing time:** Every player must participate a minimum of 50% of each game.
- **Sex:** Teams should be divided by gender.

F. Players Equipment:

- NYSA-issued shirt.
- Socks
- Footwear
- Shorts
- Shin guards are required.

A player shall not wear anything dangerous to another player or themselves (including any kind of jewelry, splint, or cast).

G. Referees:

A parent referee from each team will be used to officiate one-half of the game.

H. Duration of Game:

The game shall be divided into 2 – 10-minute halves, with a 5-minute break at halftime.

I. The Start of Play:

- Each opponent must be on their half of the field
- Opponents must be five yards from the ball before the kickoff is taken.
- The ball is in play when it is kicked and moves. The kicker shall not play the ball a second time until it has been touched or played by another player.

J. Ball in and out of Play:

- The ball is not considered out until the entire ball passes across the goal line into the goal. It is still in play if it is touching the goal line.

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K. Heading

- Players at U6 shall not engage in heading, either in practices or in games.

L. Fouls and Misconduct:

- All fouls (tripping, kicking, pushing, holding, jumping, charging, or handball) will result in an indirect free kick. An indirect free kick must be touched by another teammate or opponent before a goal can be scored. Opponents must be 5 yards from the ball when the indirect free kick is taken.
- There are no direct free kicks awarded at U6.
- A handball should not be used to the player's advantage but is allowed for protection of the face and chest.
- Slide tackling will not be allowed.

M. Method of Scoring:

A goal is scored when the entire ball crosses over the goal line.

N. Offside:

The offside rule does not apply at U6.

O. Penalty Kick:

There are no penalty kicks awarded at U6.

P. Throw-In:

When the ball passes completely out of the field of play along the touchline, the result is a throw-in. The ball will be thrown using two hands, overhead with both feet on the ground. In the event the player does not throw successfully, the player should be given another opportunity and guidance as to how to throw the ball in.

Q. Goal Kick:

In the event the attacking team kicks the ball across the goal line, but not into the goal, the result is a goal kick. The defending team restarts with a kick 3 yards in front of their goal.

R. Build Out Line:

When a goal kick is taken, the opposing team must move behind the build-out line. Once the ball is played, the opposing team can cross the build-out line, and play resumes as normal.

S. Corner Kick:

In the event the defending team kicks the ball out of play across the goal line on their end, the result is a corner kick. The attacking team places the ball in the corner on the side where the ball left the field and kicks it into the field of play. The opponents must be 5 yards from the corner kick.

T. Goalkeeper:

There are no goalkeepers or the use of the hands during the game.

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U. Sportsmanship:

- Team coaches and players shall shake hands with the opponent and referee after each game.
- Coaches, managers, team officials, and parents shall not criticize game officials at any time and shall encourage the same attitude among all players and supporters.
- No league standings or scores shall be published.
- Publicity of game results is not permitted.
- Teams and spectators should be on opposite sides of the field if possible.

V. Sponsor:

NO SPONSORSHIP OF A TEAM SHALL BE ALLOWED

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U6 3v3 SOCCER FIELD

30x20 yard field with a build out line across the middle of the field.

