



NORTAC Programming Spring 2026

Registration

Click [here](#) for a registration link.

Please contact our Registrar Alexis Bejarano (registrar@nortac.org) if you have additional questions regarding Demosphere registration.

Registration without late fee until: January 9th, 2026
15% late fee registration will be assessed after the deadline.

Coach Participation and Registration Discount

Parents that wish to coach a team in this program will need to request a partial refund after registering. The partial refund is only provided if a coach has completed all three phases of the US Soccer Safe Soccer modules (including background check in phase 3).

See [here](#) for our coach checklist that describes US Soccer Safe Soccer Requirements.

Please send an email to the following group before registering as a coach. Our aim is to assign two coaches per team.

Ary Caballero (NORTAC Programming Coordinator): nortac_programming@nortac.org

Alexis Bejarano (Registrar): registrar@nortac.org

Dave O'Neill (Director of Coaching): doc@nortac.org

Program Dates

In-House Programming

<u>Sparks (U4-U5; Birth years 2022 and 2021)</u>	<u>U6-U8 (Birth years 2020-2018)</u>	<u>U9-U10 (Birth years 2017-2016; and possibly 2015 and 2014 if enough interest)</u>
March 9th, 2026 - May 2nd, 2026	March 9th, 2026 - May 2nd, 2026 Game Days (Saturdays): March 14, 21, 28, April 11, 18, 25, May 2.	March 9th, 2026-May 9, 2026 Game Days (Saturdays): March 21, 28, April 11, 18, 25, May 2, 9.

Practice and game schedules may be modified during spring break week depending on coach availability

NORTAC SSUL League Teams

Older NORTAC Teams (at a minimum birth year 2013) that do not play in a NORTAC in-house league will participate in the South Sound United League (SSUL) that typically starts the middle of April, and runs to the middle of June. These teams will start training a minimum of two weeks before the start of the SSUL season.*



Cost

Sparks (birth years 2022 and 2021): \$165

All other age groups: \$185

Player Equipment

Participants will be provided a NORTAC jersey *if* they did not participate in NORTAC Programming during the fall 2025 season. Families that did participate in fall 2025 should wear the same NORTAC red jersey.

All players will be responsible for bringing their own soccer ball to all program events. Please ensure the ball has your son or daughter's name on it and is the correct size.

Birth years	Birth years	Birth years	Birth years
2022-2020:	2019-2018:	2017-2014:	2013 +:
Size 3	size 3 or 4	Size 4	Size 5

Schedule

All information below is SUBJECT TO CHANGE and ultimately depends on registrations in each age group and coach availability.

Age Group (Birth Year)	Game Format	Practice Duration	Practice Schedule (All teams two sessions a week)	Game Schedule
2022 and 2021 (Sparks)	N/A	45 minutes	5:15 p.m. - 6:15 p.m. Tuesday and Thursdays	N/A (no weekend games are included in this program).
2021 and 2020	2v2	1 hour	5:15 p.m. - 6:30 p.m. Tuesdays and Thursdays	1 hour -Between 9 a.m. and 2 p.m. on Saturdays at Hunt
2019	3v3	1 hour	5:15 p.m. - 7:30 p.m. Tuesdays and Thursdays	1 hour - Between 9am and 2 p.m. Saturdays at Hunt
2018	4v4	1 hour	5:15 p.m. - 7:30 p.m. Tuesdays and Thursdays.	1 hour -Between 9 a.m. and 2 p.m. Saturdays at Hunt
2017 and 2016	7v7	75 minutes	Between 5:15 p.m. - 7:30 p.m	Between 9 a.m. and 5 p.m. at Wainwright Elementary school or Vassault Park
2015 and 2014	9v9	90 minutes	Between 5:15 p.m. - 7:30 p.m.	If enough teams for in-house NORTAC league: Saturdays at Vassault, Hunt or Hilltop. Boys teams will likely have enough players for an in-house league. If not enough teams to create an in-house league, teams will play in SSUL league - home games in North Tacoma, locations for away games will vary.
2013 and older	11v11	2 x 90 minutes	Between 5:15 -7:30 p.m.	SSUL league - home games in North Tacoma, locations for away games will vary.