2026 Fall Private Schools
Quick Rules Reference
Conflicts: Play Home Team Rules
Regular Season

MAC Mid-Atlantic Athletic Conference (BOYS)
- Flint Hill
- The Potomac School

IAC Interstate Athletic Conference (BOYS)
- Episcopal
- St Stephen/St Agnes School

ISL Independent Soccer League (GIRLS)
- Episcopal
- Flint Hill
- Madeira
- The Potomac School
- St Stephens / St Agnes School

GPAC Greater Piedmonte Athletic Conference
- Highland School
- Wakefield School (The Plains)

PAC Piedmont Athletic Conference (Middle School)
- Highland School
- The Hill School
- Loudoun Country Day School
- Wakefield School

VCAC Virginia Christian Athletic Conference
- Immanuel Christian School
- Oakcrest (girls only)
- Seton School
- St John Paul the Great
- Trinity Christian School

Independent Schools
- Holy Family Academy (HFA)
- The Langley School (McLean): Middle School

WCAC Washington Catholic Athletic Conference
- Bishop Ireton
- Bishop O'Connell
- Paul VI

NVIAC Northern Virginia Independent Athletic Conference
- Ad Fontes
- Christ Chapel Academy
- Cornerstone Christian Academy
- Covenant Christian Academy
- Dominion Christian School (MS only)
- Evergreen Christian School
- Fairfax Homeschool Athletic Association
- Virginia Academy

Virginia Catholic Athletic Conference - MS
- Aquinas
- Holy Family Catholic School
- Linton Hall
- St. Francis
- St. William of York

ODACS Old Dominion Association of Church Schools
- Fairfax Baptist Temple Academy
- Heritage Christian School
- Temple Baptist

BASIS School
- St. John the Beloved Academy

Halves

Varsity is 40 mins for both IFAB and NFHS
JV: 35 mins **MAC**, WCAC, VCAC, ODACS; or not otherwise indicated
JV: 30 mins IAC, ISL, Independents
MS: 30 mins, unless otherwise indicated
GPAC MS Only: 30 mins for A Group, 25 mins for B Group

No Overtime (regular season) **Except**

MAC , IAC	2 x 5 mins, Golden Goal. Must play if inter-conference
ISL	2 x 5 mins , FULL TIME.

Check with coaches before the game, waive OT if both coaches wish.

IFAB Substitutions: Goals, GKs, Possession TI or piggybacks if checked in. IAC Possession CKs or piggybacks

IFAB Mercy Rule: WCAC, ODACS >7 ends after 75% time. GPAC >3, shorten periods to 20 mins