Warrington Soccer Club

Program Summary for u10

Fall season: 2 practices/week, one under the guidance of our club DOC for the first 6 weeks (games on Saturdays)

Spring season: Midweek soccer festivals under the guidance of our club DOC (games are on Sundays)

The u10 league philosophy is safety, sportsmanship and fun!

We ask u10 coaches to reinforce a philosophy of FUN COMES FIRST and to work in cooperation with other coaches in the league to achieve this objective.

Game Guidelines (7 v 7)

- The u10 league plays 7 v 7 games including the goalkeeper, using a size 4 ball
- Goal keeper distribution is rolling or throwing the ball – no punting
- The club supplies refs for these games
- Teams and coaches are on one side of the field parents and spectators on the opposite side of the field
- Do not allow spectators to stand behind the goals this is very distracting to the players
- Games are 50 minutes in length divided into 2 x 25-minute halves
- If one team is short of players or one team is significantly stronger than the other sharing and mixing players is strongly recommended
- Positional understanding is developing and should be a coach focus at practices for this age group
- Games include build out lines to encourage possession play from the back, more details on the role of the build out lines available on the club website and via US Soccer
- All other aspects of the game FIFA rules apply
- Please exhibit good sportsmanship at the end of the game by ensuring all players and coaches shake hands or high five
- Any game feedback please contact our club Rec DOC Neil: doc-neil@warringtonsoccerpa.org

Additional Resources:

- Click here for 7v7 game information
- Click here for build out line information

Enjoy The Game – Play For Fun – Soccer For Life





www.WarringtonSoccerPA.org