

MS BOYS House Rules

BASE RULES	Follow the official United States Volleyball (USAV) rulebook (https://usavolleyball.org/wp-content/uploads/2023/03/2023-2025-USAV-Indoor-Rules-Book.pdf) with the following variances to encourage learning and foster more equitable play
NEW FOR THIS SEASON	<p>The following USAV rules are new for this season. They can be found in the rulebook linked above, but are called out here because of their newness:</p> <ol style="list-style-type: none"> 1. Double-touch is not to be called on the second touch, provided the next touch is made by a teammate. 2. The other players on the serving team are not allowed to screen a serve, or otherwise distract the receiving team from being able to see the serve hit and the trajectory of the serve. 3. Continuous substitution for all House leagues 4. Select teams are allowed 15 substitutions per set.
SCORING	<p>60 min matches incl. 10 min warmup (5 min/team). Best 2 of 3 sets. First 2 sets to 25, 3rd set to 15, rally scoring, win by 2, no cap. Sets start 0-0. Match ends when a team wins 2 sets or time expires. If time expires: current set counts; leader wins, if tied, the serving team serves one deciding point for winner of the set. Matches may end in a tie (e.g. 1-1). Reported results are match wins in sets (2-0, 2-1, 1-2, 0-2, or 1-1 if time expires).</p> <p>Regular season: optional scrimmage set if time permits, not reported.</p> <p>Playoffs: no optional scrimmage set but otherwise same rules.</p>
EXTRA POINT - 3-TOUCH INCENTIVE	At the discretion of the referee, an extra point is awarded to a team that executes a three touch combination where the opponent does not legally return the ball over the net into play. The third touch must involve an arm swing above the shoulder and can be executed by a front-row or back-row player. Rolls and tips/dinks are counted as hits, while forearm passes ("bumps") and two arm hand sets are not. The opportunity to earn an extra point on a three touch combination is nullified if the opposing team legally returns the ball over the net and into play.
DOUBLE-TOUCH	Double-touch will generally not be called unless it is clearly intentional - must be two clearly separate contacts made on purpose, with the third touch being the most strict.
NUMBER OF SERVES	5 point cap on consecutive serves each time a player rotates to serve. After the cap is met, the other team is given the serve with no point awarded.
RE-SERVE	One service attempt. No re-serves permitted.
OVERHANGING OBSTRUCTIONS	Referees will inform the coaches what overhanging obstructions exist for the court prior to the start of the match. Referees will have full discretion on whether a served ball hitting an obstruction counts as a serve, a non-served ball hitting an obstruction causes the point to be replayed, or a non-served ball hitting an obstruction is to be played out.
SERVE LOCATION	Players must serve from behind the end line.
FOOT FAULT	Foot faults are not enforced for the first half of the season, unless egregious. All foot faults are called for the second half of the season.
SERVE TOSS	On a bad toss, the player may catch or drop the ball for a re-serve. The limit is one catch or drop per service attempt
NET FAULT	Incidental contact with the net is allowed but any other contact with the net is a fault
CENTER LINE	Crossing the court centerline with any part of the body is a violation. A foot touching the center line but not crossing is not a fault
SUBSTITUTIONS	Continuous Substitution only - court and bench players are in one continuous rotating lineup. Court players may rotate off the court to the bench on either one side of the court or on both sides of the court, but the methodology cannot change within a set. Every player must play front and back row and EVERY PLAYER MUST SERVE.
FORFEIT	A team must have at least 5 players on the court to make a set official. If the team cannot field 5 players for the first set 10 minutes after the scheduled match start time, the first set is considered a forfeit. If the team cannot field 5 players for the second set 20 minutes after the scheduled match start time, the match is recorded as a forfeit. If a team, while waiting to field enough players within the 10 minutes time frame, meets the minimum amount of players, the match starts immediately with no warm up for the teams. In a match forfeit situation, the two teams are encouraged to share players and use the match time to scrimmage for fun.
TIME OUTS	TWO 30-second timeouts are allowed per 25-point set. ONE 30-second timeout is allowed per 15-point set.
CEILING HIT	A ball may be played off the ceiling provided the team has one of its 3 hits left to play it. However, a ball is not allowed to hit the ceiling and continue to the other team's side of the net.
NET HEIGHT	7' 4 1/4"
VOLLEYBALL	Regulation
REFEREES	Paid Officials