

**VSA SPRING 2026 PRACTICE SCHEDULE
U9-U10 POD 1 & FUTURES
CLUB CONCEPT (CC) START: MARCH 2
SCHEDULE SUBJECT TO CHANGE**

**LONG PARK (LP) – 4603 JAMES MADISON HWY
CATHARPIN PARK (CRP) – 12500 KYLE WILSON**

FUTURES BOYS

TUESDAY – 5:00PM – 5:55PM – LP FIELD 5
THURSDAY – 5:00PM – 5:55PM – LP FIELD 5

17B PULISIC / POD 1

MONDAY – 6:35PM – 8:00PM – LP FIELD 5A-1
WEDNESDAY – 6:35PM – 8:00PM – LP FIELD 5B-2
THURSDAY – 5:00PM – 6:25PM – LP FIELD 6A-2

17B MCKENNIE / POD 1

MONDAY – 6:35PM – 8:00PM – LP FIELD 5A-1
WEDNESDAY – 6:35PM – 8:00PM – LP FIELD 5B-2
THURSDAY – 5:00PM – 6:25PM – LP FIELD 6A-2

16B PULISIC / POD 1

MONDAY – 6:35PM – 8:00PM – LP FIELD 5A-2
WEDNESDAY – 5:00PM – 6:25PM – LP FIELD 5B-2
THURSDAY – 6:35PM – 8:00PM – LP FIELD 6A-1

16B MCKENNIE / POD 1

MONDAY – 6:35PM – 8:00PM – LP FIELD 5A-2
WEDNESDAY – 5:00PM – 6:25PM – LP FIELD 5B-2
THURSDAY – 6:35PM – 8:00PM – LP FIELD 6A-1

FUTURES GIRLS

TUESDAY – 5:00PM – 5:55PM – LP FIELD 5
THURSDAY – 5:00PM – 5:55PM – LP FIELD 5

17G RODMAN / POD 1

MONDAY – 5:00PM – 6:25PM – LP FIELD 5A-1
WEDNESDAY – 5:00PM – 6:25PM – LP FIELD 5B-1
THURSDAY – 6:35PM – 8:00PM – LP FIELD 6A-2

17G FOX / POD 1

MONDAY – 5:00PM – 6:25PM – LP FIELD 5A-1
WEDNESDAY – 5:00PM – 6:25PM – LP FIELD 5B-1
THURSDAY – 6:35PM – 8:00PM – LP FIELD 6A-2

16G RODMAN / POD 1

MONDAY – 5:00PM – 6:25PM – LP FIELD 5A-2
TUESDAY – 6:00PM – 7:25PM – LP FIELD 6B
WEDNESDAY – 6:35PM – 8:00PM – LP FIELD 5B-1

16G FOX / POD 1

MONDAY – 5:00PM – 6:25PM – LP FIELD 5A-2
TUESDAY – 6:00PM – 7:25PM – LP FIELD 6B
WEDNESDAY – 6:35PM – 8:00PM – LP FIELD 5B-1



**VSA SPRING 2026 PRACTICE SCHEDULE
U9-U10 POD 2
CLUB CONCEPT (CC) START: MARCH 2
SCHEDULE SUBJECT TO CHANGE**

17B ADAMS / POD 2

WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 5A-2
FRIDAY — 5:00PM — 6:25PM — LP FIELD 7A-2

17B WEAH / POD 2

WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 5A-2
FRIDAY — 5:00PM — 6:25PM — LP FIELD 7A-2

16B ADAMS / POD 2

WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 5A-2
FRIDAY — 6:35PM — 8:00PM — LP FIELD 7A-2

16B WEAH / POD 2

WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 5A-2
FRIDAY — 6:35PM — 8:00PM — LP FIELD 7A-2

**LONG PARK (LP) — 4603 JAMES MADISON HWY
CATHARPIN PARK (CRP) — 12500 KYLE WILSON**

17G HEAPS / POD 2

WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 5A-1
FRIDAY — 5:00PM — 6:25PM — LP FIELD 7A-1

17G HATCH / POD 2

WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 5A-1
FRIDAY — 5:00PM — 6:25PM — LP FIELD 7A-1

16G HEAPS / POD 2

WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 5A-1
FRIDAY — 6:35PM — 8:00PM — LP FIELD 7A-1

16G HATCH / POD 2

WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 5A-1
FRIDAY — 6:35PM — 8:00PM — LP FIELD 7A-1



**VSA SPRING 2026 PRACTICE SCHEDULE
U11-U14 ECNL RL & PRE-ECNL II
CLUB CONCEPT (CC) START: MARCH 2
SCHEDULE SUBJECT TO CHANGE**

15B PRE-ECNL RL I VDA WEST

MONDAY — 6:35PM — 8:00PM — LP FIELD 5B**
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 6A-1
THURSDAY — 5:00PM — 6:25PM — LP FIELD 7A-1

15B PRE-ECNL II

MONDAY — 5:00PM — 6:25PM — LP FIELD 6A-1
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 6B-1

14B PRE-ECNL RL I VDA WEST

MONDAY — 6:35PM — 8:00PM — LP FIELD 5B**
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 6A-1
THURSDAY — 6:35PM — 8:00PM — LP FIELD 7A-1

14B PRE-ECNL II

TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 6B-1
THURSDAY — 5:00PM — 6:25PM — LP FIELD 7B-1

13B ECNL RL

TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 7B-1
THURSDAY — 5:00PM — 6:25PM — LP FIELD 6B-1

12B ECNL RL

MONDAY — 5:00PM — 6:25PM — LP FIELD 5B
TUESDAY (CC) — 6:00PM — 7:00PM — CRP FIELD 1
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 7B

EVERY OTHER WEEK WILL BE AT HOWISON

**LONG PARK (LP) — 4603 JAMES MADISON HWY
CATHARPIN PARK (CRP) — 12500 KYLE WILSON**

15G PRE-ECNL RL I VDA WEST

MONDAY — 6:35PM — 8:00PM — LP FIELD 5B**
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 6A-2
THURSDAY — 5:00PM — 6:25PM — LP FIELD 7A-2

15G PRE-ECNL II

MONDAY — 5:00PM — 6:25PM — LP FIELD 6A-2
TUESDAY (CC) — 6:00PM — 7:00PM — LP FIELD 6A
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 6B-2

14G PRE-ECNL RL I VDA WEST

MONDAY — 6:35PM — 8:00PM — LP FIELD 5B**
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 6A-2
THURSDAY — 6:35PM — 8:00PM — LP FIELD 7A-2

14G PRE-ECNL II

MONDAY — 5:00PM — 6:25PM — LP FIELD 6C-2
TUESDAY (CC) — 6:00PM — 7:00PM — LP FIELD 6A
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 6B-2

13G ECNL RL

TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 2A
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 7A-1
THURSDAY — 6:35PM — 8:00PM — LP FIELD 6B-1

12G ECNL RL

MONDAY — 5:00PM — 6:25PM — LP FIELD 7A
TUESDAY (CC) — 6:00PM — 7:00PM — CRP FIELD 2
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 7A

EVERY OTHER WEEK WILL BE AT HOWISON



**VSA SPRING 2026 PRACTICE SCHEDULE
U11-U12 PREMIER
CLUB CONCEPT (CC) START: MARCH 2
SCHEDULE SUBJECT TO CHANGE**

15B PREMIER RED

MONDAY — 5:00PM — 6:25PM — LP FIELD 6B-1
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 6C-1

15B PREMIER ROYAL

MONDAY — 5:00PM — 6:25PM — LP FIELD 6C-1
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6
THURSDAY — 5:00PM — 6:25PM — LP FIELD 6B-2

14B PREMIER RED

MONDAY — 6:35PM — 8:00PM — LP FIELD 6B-1
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 6C-1

14B PREMIER ROYAL

MONDAY — 6:35PM — 8:00PM — LP FIELD 6C-1
TUESDAY (CC) — 5:00PM — 6:00PM — LP FIELD 6
THURSDAY — 6:35PM — 8:00PM — LP FIELD 6B-2

LONG PARK (LP) — 4603 JAMES MADISON HWY

CATHARPIN PARK (CRP) — 12500 KYLE WILSON

15G PREMIER RED

MONDAY — 5:00PM — 6:25PM — LP FIELD 6B-2
TUESDAY (CC) — 6:00PM — 7:00PM — LP FIELD 6A
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 6C-2

14G PREMIER RED

MONDAY — 6:35PM — 8:00PM — LP FIELD 6B-2
TUESDAY (CC) — 6:00PM — 7:00PM — LP FIELD 6A
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 6C-2

14G PREMIER ROYAL

MONDAY — 6:35PM — 8:00PM — LP FIELD 6C-2
TUESDAY (CC) — 6:00PM — 7:00PM — LP FIELD 6A
THURSDAY — 5:00PM — 6:25PM — LP FIELD 7B-2



**VSA SPRING 2026 PRACTICE SCHEDULE
U13-U14 PREMIER
CLUB CONCEPT (CC) START: MARCH 2
SCHEDULE SUBJECT TO CHANGE**

13B PREMIER RED

TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 7B-2
THURSDAY — 5:00PM — 6:25PM — CRP FIELD 1B-2

13B PREMIER ROYAL

TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 5:00PM — 6:25PM — CRP FIELD 2B
THURSDAY — 5:00PM — 6:25PM — CRP FIELD 1A-2

13B PREMIER WHITE

TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 5:00PM — 6:25PM — CRP FIELD 2A
THURSDAY — 5:00PM — 6:25PM — CRP FIELD 1A-1

12B PREMIER RED

MONDAY — 8:05PM — 9:30PM — LP FIELD 5A
TUESDAY (CC) — 6:00PM — 7:00PM — CRP FIELD 1
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 7B-2

12B PREMIER ROYAL

MONDAY — 8:05PM — 9:30PM — LP FIELD 5B
TUESDAY (CC) — 6:00PM — 7:00PM — CRP FIELD 1
THURSDAY — 6:35PM — 8:00PM — CRP FIELD 1B-2

12B PREMIER WHITE

MONDAY — 8:05PM — 9:30PM — LP FIELD 6B
TUESDAY (CC) — 6:00PM — 7:00PM — CRP FIELD 1
THURSDAY — 6:35PM — 8:00PM — CRP FIELD 1A-2

LONG PARK (LP) — 4603 JAMES MADISON HWY

CATHARPIN PARK (CRP) — 12500 KYLE WILSON

13G PREMIER RED

TUESDAY (CC) — 5:00PM — 6:00PM — CRP FIELD 2A
WEDNESDAY — 5:00PM — 6:25PM — LP FIELD 7A-2
THURSDAY — 6:35PM — 8:00PM — CRP FIELD 1B-1

12G PREMIER RED

MONDAY — 5:00PM — 6:25PM — LP FIELD 7B-2
TUESDAY (CC) — 6:00PM — 7:00PM — CRP FIELD 2
THURSDAY — 5:00PM — 6:25PM — CRP FIELD 1B-1

12G PREMIER ROYAL

MONDAY — 5:00PM — 6:25PM — LP FIELD 7B-1
TUESDAY (CC) — 6:00PM — 7:00PM — CRP FIELD 2
WEDNESDAY — 6:35PM — 8:00PM — LP FIELD 7A



**VSA SPRING 2026 PRACTICE SCHEDULE
U15-U19 ECNL RL
CLUB CONCEPT (CC) START: MARCH 2
SCHEDULE SUBJECT TO CHANGE**

11B ECNL RL

MONDAY — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 7:00PM — 8:00PM — CRP FIELD 1

10B ECNL RL

MONDAY — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 7:00PM — 8:00PM — CRP FIELD 1

09B ECNL RL

MONDAY — 6:00PM — 7:00PM — CRP FIELD 1
WEDNESDAY — 8:00PM — 9:00PM — CRP FIELD 1

08/07B ECNL RL

MONDAY — 6:00PM — 7:00PM — CRP FIELD 1
WEDNESDAY — 8:00PM — 9:00PM — CRP FIELD 1

**LONG PARK (LP) — 4603 JAMES MADISON HWY
CATHARPIN PARK (CRP) — 12500 KYLE WILSON**

11G ECNL RL

MONDAY — 7:00PM — 8:00PM — LP FIELD 7
WEDNESDAY — 5:00PM — 6:00PM — CRP FIELD 1

10G ECNL RL

MONDAY — 7:00PM — 8:00PM — LP FIELD 7
WEDNESDAY — 5:00PM — 6:00PM — CRP FIELD 1

09G ECNL RL

MONDAY — 8:00PM — 9:00PM — LP FIELD 7
WEDNESDAY — 6:00PM — 7:00PM — CRP FIELD 1

08/07G ECNL RL

MONDAY — 8:00PM — 9:00PM — LP FIELD 7
WEDNESDAY — 6:00PM — 7:00PM — CRP FIELD 1



**VSA SPRING 2026 PRACTICE SCHEDULE
U15-U16 PREMIER
CLUB CONCEPT (CC) START: MARCH 2
SCHEDULE SUBJECT TO CHANGE**

11B PREMIER RED

MONDAY — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 7:00PM — 8:00PM — CRP FIELD 1

11B PREMIER ROYAL

MONDAY — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 7:00PM — 8:00PM — CRP FIELD 1

11B PREMIER WHITE

MONDAY — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 7:00PM — 8:00PM — CRP FIELD 1

10B PREMIER RED

MONDAY — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 7:00PM — 8:00PM — CRP FIELD 1

10B PREMIER ROYAL

MONDAY — 5:00PM — 6:00PM — CRP FIELD 1
WEDNESDAY — 7:00PM — 8:00PM — CRP FIELD 1

09B PREMIER RED

MONDAY — 6:00PM — 7:00PM — CRP FIELD 1
WEDNESDAY — 8:00PM — 9:00PM — CRP FIELD 1

08/07B PREMIER RED

MONDAY — 6:00PM — 7:00PM — CRP FIELD 1
WEDNESDAY — 8:00PM — 9:00PM — CRP FIELD 1

08/07B PREMIER ROYAL

MONDAY — 6:00PM — 7:00PM — CRP FIELD 1
WEDNESDAY — 8:00PM — 9:00PM — CRP FIELD 1

LONG PARK (LP) — 4603 JAMES MADISON HWY

CATHARPIN PARK (CRP) — 12500 KYLE WILSON

11G PREMIER RED

MONDAY — 7:00PM — 8:00PM — LP FIELD 7
WEDNESDAY — 5:00PM — 6:00PM — CRP FIELD 1

11G PREMIER ROYAL

MONDAY — 7:00PM — 8:00PM — LP FIELD 7
WEDNESDAY — 5:00PM — 6:00PM — CRP FIELD 1

10G PREMIER RED

MONDAY — 7:00PM — 8:00PM — LP FIELD 7
WEDNESDAY — 5:00PM — 6:00PM — CRP FIELD 1

10G PREMIER ROYAL

MONDAY — 7:00PM — 8:00PM — LP FIELD 7
WEDNESDAY — 5:00PM — 6:00PM — CRP FIELD 1

09G PREMIER RED

MONDAY — 8:00PM — 9:00PM — LP FIELD 7
WEDNESDAY — 6:00PM — 7:00PM — CRP FIELD 1

08/07G PREMIER RED

MONDAY — 8:00PM — 9:00PM — LP FIELD 7
WEDNESDAY — 6:00PM — 7:00PM — CRP FIELD 1

08/07G PREMIER ROYAL

MONDAY — 8:00PM — 9:00PM — LP FIELD 7
WEDNESDAY — 6:00PM — 7:00PM — CRP FIELD 1

