



VSA FC COACHING SLATE



2025-2026



TRYOUT TIMES

5:30pm to 6:30pm

- 2015 Boys
- 2014 Girls
- 2012 Boys

6:30pm to 7:30pm

- 2014 Boys
- 2015 Girls
- 2013 Girls

7:30pm to 8:30pm

- 2013 Boys
- 2012 Girls
- HS Boys(2011-09)
- HS Girls(2011-09)

ALL TRYOUTS ARE ON FIELD #6 AT JAMES LONG PARK





2025-2026



U9/U10

Pod 1 Boys

- Carter Gray
- Jonathan Kanagawa

Pod 1 Girls

- Ian Mateer
- Deanna Cassella

Pod 2 Boys

- Carter Gray
- Jonathan Kanagawa

Pod 2 Girls

- Ian Mateer
- Deanna Cassella





2025-2026



U11 / U12

Pre-VDA 2015 Boys

- Black - Mike Dinuzzo
- Red - Kyle Lewis

Pre-VDA 2014 Boys

- Black - Mike Dinuzzo
- Red - Asa Fox

Pre-VDA 2015 Girls

- Black - Jov Hall
- Red - Kyle Lewis

Pre-VDA 2014 Girls

- Black - Jov Hall
- Red - Nick Foglesong





U13 / U14

2013 VSA FC Boys

- Elite - Caleb Brock
- Red - Chris Munevar

2012 VSA FC Boys

- Elite - Caleb Brock
- Red - Chris Munevar

2013 VSA FC Girls

- Elite - Emilene Parham
- Red - James Lewis

2012 VSA FC Girls

- Elite - Emilene Parham
- Red - Chad Mateer



HIGHSCHOOL (2011-2009)

High School VSA FC Boys

- Elite - Cam Arendt
- Red - Cam Arendt

High School VSA FC Girls

- Elite - James Lewis
- Red - James Lewis



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