

VSA Futsal Club Training Schedule- 2026-2027

#ALWAYS MOVING FORWARD

VSA EST 1977

U9 and U10 Pod 1 and 2

Dates: 12/5, 12/12, 12/19, 1/9, 1/16,1/23

- **U9 Boys Pod 1:** 3:30 PM – 4:30 PM
- **U10 Boys Pod 1:** 4:30 PM – 5:30 PM
- **U9 & U10 Boys Pod 2:** 5:30 PM – 6:30 PM

Location for these sessions is **Linton Hall School** (9535 Linton Hall Rd, Bristow, VA 20136).

Dates:12/12,12/20,1/10,1/17,1/24 ,1/31

- **U9 Girls Pod 1:** 9:00 AM-10:00 AM
- **U10 Girls Pod 1:** 10:00 AM – 11:00 AM
- **U9 & U10 Girls Pod 2:** 11:00 AM-12:00 PM

Location for these sessions is **Linton Hall School** (9535 Linton Hall Rd, Bristow, VA 20136).

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U11 and U12 Boys

Pre VDA Dates:12/4,12/11,12/18, 1/ 8 ,1/15,1/22,1/29

VSA Royal Dates:12/11,12/18,1/ 8, 1/15,1/22, 1/29,2/5

- **U11 Pre VDA Black:** 5:00 PM - 6:00 PM @ K Sports
- **U11 Pre VDA Red:** 5:00 PM - 6:00 PM @ K Sports
- **U11 VSA Royal:** 5:00 PM - 6:00 PM @ Next UP

Pre VDA Dates:12/4,12/11,12/18, 1/ 8 ,1/15,1/22,1/29

VSA Royal Dates:12/11,12/18,1/ 8, 1/15,1/22, 1/29,2/5

- **U12 Pre VDA Black:** 6:00 PM - 7:00 PM @ K Sports
- **U12 Pre VDA Red:** 6:00 PM - 7:00 PM @ K Sports
- **U12 VSA Royal:** 5:00 PM - 6:00 PM @ Next UP

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U11 and U12 Girls

Pre VDA Dates:12/4,12/11,12/18, 1/8 ,1/15,1/22,1/29

VSA Royal Dates:12/9,12/16,1/6,1/13,1/20,1/27,2/3

U11 Pre VDA Black: 7:00 PM - 8:00 PM @ K Sports

- **U11 Pre VDA Red:** 7:00 PM - 8:00 PM @ K Sports
- **U11 VSA Royal:** 5:00 PM - 6:00 PM @ Next UP

Pre VDA Dates:12/4,12/11,12/18, 1/8 ,1/15,1/22,1/29

VSA Royal Dates:12/9,12/16,1/6,1/13,1/20,1/27,2/3

- **U12 Pre VDA Black:** 8:00 PM - 9:00 PM @ K Sports
- **U12 Pre VDA Red:** 8:00 PM - 9:00 PM @ K Sports
- **U12 VSA Royal:** 5:00 PM - 6:00 PM @ Next UP

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U13 and U14 Girls

Dates:12/7,12/14,1/4,1/11,1/18,1/25,2/1

- **U13 Royal: Mondays** 5:00 PM -6:00pm @ Next UP
- **U13 Red: Mondays** 5:00 PM -6:00pm @ Next UP

Dates:12/7,12/14,1/4,1/11,1/18,1/25,2/1

- **U14 Royal: Mondays** 8:00 PM -9:00pm @ Next UP
- **U14 Red: Mondays** 8:00 PM -9:00pm @ Next UP

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U13 and U14 Boys

Dates:12/10,12/17,1/7,1/14,1/21,1/28, 2/4

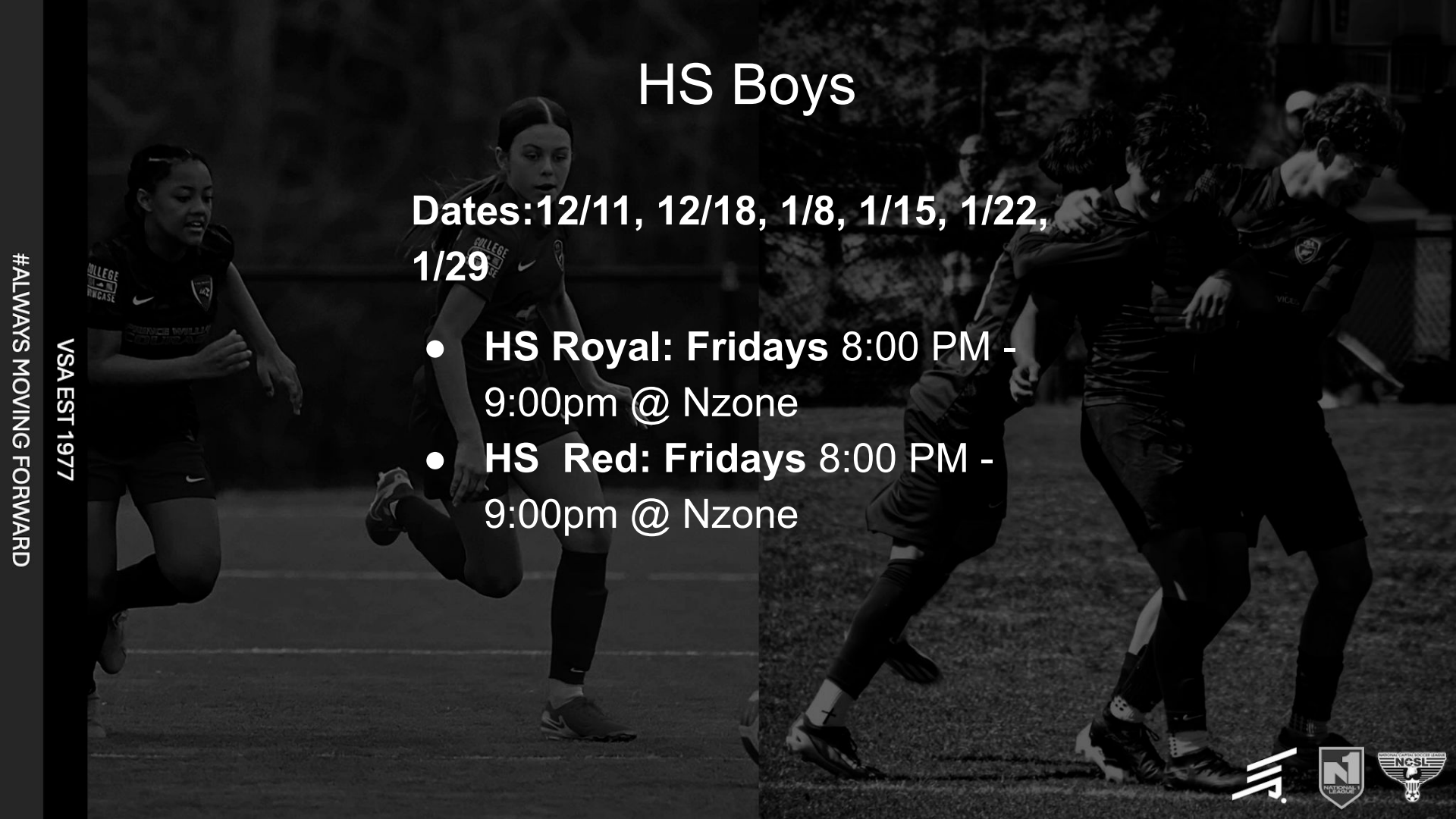
- **U13 Royal: Thursdays** 8:00 PM -9:00pm @ Next UP
- **U13 Red: Thursdays** 8:00 PM -9:00pm @ Next UP

Dates:12/8,12/15,1/5,1/12,1/19,1/26, 2/2

- **U14 Royal: Tuesdays** 8:00 PM -9:00pm @ Next UP
- **U14 Red: Tuesdays** 8:00 PM -9:00pm @ Next UP

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HS Boys

Dates:12/11, 12/18, 1/8, 1/15, 1/22, 1/29

- **HS Royal: Fridays** 8:00 PM - 9:00pm @ Nzone
- **HS Red: Fridays** 8:00 PM - 9:00pm @ Nzone

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VSA EST 1977

HS Girls

Dates:12/11,12/18,1/ 8, 1/15,1/22, 1/29,2/5

- **HS Royal: Fridays** 8:00 PM - 9:00pm @ Next Up
- **HS Red: Fridays** 8:00 PM - 9:00pm @ Next Up

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